

## Mee Spa Wellness Program

Mee Spa is a niche business that offers beautiful, holistic therapies, massage, facials, hand and foot treatments. Our services are focused on supporting families, people in aged care, disability and providing nurturing treatments to people undergoing rehabilitation.

Our treatment programs are individually designed so that everyone can have access to our wellness program.

We make life easier by coming to you.



ABN: 54492382263

## Mee Spa Wellness & Beauty

Supporting people in our community

[www.meespa.com.au](http://www.meespa.com.au)

Phone: 0425 286 414

*For additional treatment requests, group bookings, information about our Aromatherapy Program or purchasing a gift voucher please contact*

*[katrinavaz@meespa.com.au](mailto:katrinavaz@meespa.com.au)*



Balance—Health—Harmony



## Mee Spa Wellness & Beauty Treatment Menu



**Mee Spa Wellness & Beauty**  
Supporting people in our community



## Wildflower Healing Facials

A beautiful & rejuvenating way to relax and treat your complexion. Glowing skin is a reflection of your inner health, which is why our Heritage Healers Holistic Skin Care not only caters for different skin care needs but also provides an aromatherapy essence journey that indulges the skin and the senses.

## Wild Flower Healing — 1 Hour \$100.00

An indulgent experience that will leave you truly pampered. Facial includes skin analysis, cleaning, toning, gentle exfoliation, warm heated towels throughout, elemental aromatherapy facial massage, healing clay mask, scalp, arm & hand massage.

## Mini Flower — 30 min \$70.00

This wildflower pick me up facial is the answer to boost your complexion and your energy. A revitalizing and rejuvenating mini—treat that includes cleansing, exfoliation, mask, hydration and pressure point head massage. For all skin types.

## Wellness Massage

Mee Spa Wellness and Beauty treatments are about providing balance, health and bringing harmony to our clients. All treatments provided are individualised and care is taken to deliver a treatment program that will benefit and assist wherever possible. Massage can vary from Swedish, Reflexology Relaxation, Therapeutic, Remedial or Aromatherapy based techniques. Treatment programs can be scheduled either weekly, fortnightly or monthly.

### 1 Hour Massage — \$95.00

### 45 min Massage — \$80.00

### 30 min Massage — \$65.00

Mee Spas team of professionals understand the complex needs of clients in their care. We are dedicated to work with individuals who may take extra time to build and gain trust. Our introductory to massage is a wonderful way to build that trust with having a regular routine visit. Treatment focus is about providing beautiful one—on—on attention. Our goal is to make our clients feel good; to nurture, balance, and bring a unique experience to their life in the comfort of their own home.

### 15 min Introductory to Massage \$32.50

All treatments include beautiful organic certified aromatherapy oils or carrier oils, relaxation spa music and regular health updates upon request.



## Hand & Foot Care

Everyone benefits from regular Manicures & Pedicures. Not only will your hands & feet look good but your overall health improves.

### Spa Manicure — \$75.00

A luxe moisturising hand and nail treatment, including gentle skin exfoliation, mask, warm towels, aromatherapy arm and hand massage, trimmed or shaped nails, cuticle work with polish optional.

### Spa Pedicure — \$90.00

The ultimate in foot luxury. This relaxing 1 hour pamper session is like a facial to your feet. Feet are soaked and skin is softened to assist with gentle exfoliation. Warm heated towels are used throughout with a nourishing, stimulating foot mask to ease tension. A personalised nurturing massage is given to increase circulation with adding hydration. Nails are trimmed and buffed, polish is optional.

### Express Manicure — \$50.00

Treatment includes nourishing arm and hand massage, trimming, shaping, buffing of the nails with polish optional.

### Express Pedicure — \$65.00

Maintenance treatment includes foot soak, nails buffed and trimmed, massage with polish optional.

### Toe Nail Trimming and Buff — \$35.00

### Finger Nail Trimming & Buff — \$35.00



#### Please Note:

Mee Spa require 24 hour booking cancellation or a 50% service fee may apply.